HIGH POINT REGIONAL HIGH SCHOOL

STAFF BIOGRAPHIES

June 2017





After graduating from High Point as a decorated student-athlete in 1999, Mr. Strehl went on to study Social Studies and Special Education at Rutgers University, earning both a *bachelor's* and a *master's* degree as part of an accelerated five-year program. Mr. Strehl had a natural calling to education, as his father, Bob, was a high school teacher and coach in Sussex County.

The Strehl File:



1. Why did you become a teacher? or What is special to you about teaching?

I became a teacher because I enjoy working with young people and helping them work toward their dreams and goals. I also knew that becoming a teacher would give me the opportunity to coach sports, which is a big passion of mine.

- 2. Year you started at High Point?: 2004
- **3. Pre High Point: Education? Experience?** I graduated from High Point in 1999 and never in a million years did I think I would be back. However, I have truly enjoyed every bit of my 13 years teaching and coaching here.
- **4. Most challenging part of your job?** Being around young people every day is awesome, but it does require patience at times!
- **5. Favorite part of your job?:** The students!. They keep me at least feeling young at heart.
- **6. Unique and special about High Point?:** High Point has the best staff around, hands down. I consider myself lucky to be able to go to a job everyday with such great colleagues and friends. And, nobody has a better view from their classroom than we do with the Appalachian Mountains and the High Point Monument in the distance!
- **7. Personal life?: Family? Interests?** Married to my talented and beautiful high school sweetheart Jessica. We have three amazing daughters, Cadence, Kendall, and Lila, who teach me more and more about life every single day. We live in Frankford Township.
- **8. Favorite quote?** "In the end, it's not the years in your life that count. It's the life in your years" Abraham Lincoln