

## Resource List for Counseling Services 2020-21

|                           |                  |  |
|---------------------------|------------------|--|
| Beth Answorth*            | (973)729-9515    | <i>Sparta (adolescence, family, mental health, grief, PTSD)</i>      |
| Emily Brislin             | 975-3641         | <i>Sparta (ADHD, anxiety, academic issues)</i>                       |
| Michelle Buchbauer        | 729-0272         | <i>Sparta</i>  |
| Dr. Dominic Carbone       | (917)544-9361    | <i>Sparta(family,anxiety,depres,PTSD,GLBTQ)</i>                      |
| Charles Carroll           | 729-6333         | <i>Sparta (boys, behavioral/trauma, groups)</i>                      |
| Dr. Margaret Castagna*    | 827-1646         | <i>Ogdensburg (MJC group ,wide range)</i>                            |
| Marvin Chartoff           | 729-5535         | <i>Sparta (Licensed Psychologist, CADC, family)</i>                  |
| Bonnie Dirkson*           | 715-7671         | <i>Frankford</i>   |
| Lois Ferguson*            | 534-9807         | <i>Sparta (Crisis, trauma, anxiety depression, insur. coverage)</i>  |
| Howard Gooblar*           | 729-7628         | <i>Sparta</i>  |
| Kathryn Griffiths*        | 257-5666         | <i>Augusta (PTSD, depression, anxiety)</i>                           |
| Robin & Seth Herschfield  | 579-1151         | <i>Newton</i>  |
| Eric Herschman*           | 983-8321         | <i>Sparta (ext.school exper., ADHD/anger/depression)</i>             |
| Stephanie Iacopelli*      | 512-3700         | <i>Sparta( image, anger management, PTSD)</i>                        |
| Mark Imbrie*              | 579-4934         | <i>Newton</i>  |
| Kris Imbrie               | 729-3722         | <i>Sparta (SelfRegTech, PTSD. parent support)</i>                    |
| Tulasi Jordan             | 729-2600         | <i>Sparta (general and eating disorders)</i>                         |
| Mary Helen Kellam         | (201)317-4539    | <i>Sparta (self injury/suic.prev.,anxiety,depression,grief/loss)</i> |
| MaryBeth Kneis            | 729-9167         | <i>Sparta (psychotherapist)</i>                                      |
| Lakeside Counsel Assoc.*  | 726-4533         | <i>Sparta(multi-clinician,many specialty practice)</i>               |
| Kristie Lavin*            | 250-2367         | <i>Sparta (individual/family systems, many spec.)</i>                |
| Gia Leo*                  | (862)236-3240    | <i>Newton (free phone cons./large range practice)</i>                |
| Mark Littman*             | 300-5338         | <i>Newton adolescence, family, parenting, home office)</i>           |
| Leslie Malnak*            | 586-2548         | <i>Sparta/ Denville (Substance Abuse/dual-diagnosis)</i>             |
| Dr. Alexandra Miller*     | 726-5200         | <i>Sparta (family systems approach)</i>                              |
| Jerry Nathan              | 729-4747         | <i>Sparta (ClinicalPsych. conduct disorder)</i>                      |
| Anne Nedelka*             | 600-9032         | <i>Andover (NMH, DBT, family systems, nonjudgmental)</i>             |
| New Bridge Counseling     | 316-9333         | <i>Sparta (Grant/medicaid, after hours emerg. call system)</i>       |
| Maxine Ollove             | 984-9153         | <i>Newton/Sparta Road (psychologist)</i>                             |
| Lori Petri                | 903-1038         | <i>General, "softer touch" approach</i>                              |
| Ellen Platt, D.O.*        | 239-4848         | <i>Cedar Grove (team with school, CST approach)</i>                  |
| Doreen Rasp               | 579-9394         | <i>Newton (Mental Health Nurse Practitioner, Med Mgmt.)</i>          |
| Samantha Reilly           | 726-3772         | <i>Sparta - Sage Psychotherapy (upbeat and approachable)</i>         |
| Lois Reinhardt*           | 764-5000         | <i>Vernon (mental health, Eating Disorders)</i>                      |
| Paul Rockwood*            | 729-1966         | <i>(ADHD,SAC,crisis,oppositional defiant,Bipolar)</i>                |
| Myra Rowland              | 702-0066         | <i>Wantage (informal and personal, home visits)</i>                  |
| Jeanne Smetana            | 729-9522         | <i>Sparta (adol/adult, indiv/family, CST experience)</i>             |
| TreeHouse Therapy*        | 864-2800         | <i>Hamburg (general/adolescence. NJkidcare)</i>                      |
| Laura VanderBush          | 940-0116         | <i>Newton (general, homelike atmosphere)</i>                         |
| AnnMarie Verrachia        | 875-4983         | <i>Sparta (Eating Disorders and general)</i>                         |
| Jamie Walsh*              | (908)979-1144x13 | <i>Andover (mental health, family systems)</i>                       |
| Jennifer Whitlock*        | 222-3750         | <i>Newton (Groups, LGBTQ)</i>  |
| Youth Advocacy Program    | 729-3617         | <i>Sparta (sliding scale/Medicaid)</i>                               |
| Center for Eval & Couns.* | 512-3700         | <i>Newton (free indiv/group, anger mgmt, forensic risk assess)</i>   |

|                                  |               |   |
|----------------------------------|---------------|---|
| Family Intervention Serv.        | 940-0105      | <i>Sparta (Medicaid, assessments, home visits, case mgmt)</i> |
| <b><u>Area Psychiatrists</u></b> |               |   |
| Immed. Care Childrens Psy.       | 335-9909      | <i>Parsippany - evals, multiple levels of care</i>            |
| Dr. Elfenbein                    | 228-8943      | <i>Roseland-on site assessments</i>                           |
| Dr. Bryan Fennelly               | 660-0084      | <i>Madison</i>  |
| Dr. Norman Ladov                 | 506-8914      | <i>Pompton Plains</i>   |
| Dr. Parinello                    | (908)647-9500 | <i>Parsippany</i>   |
| Newton Mental Health*            | 383-0973      | <i>Newton Hospital</i>  |
| Dr. Platt, Psychiatric Assoc.    | 239-4848      | <i>Cedar Grove</i>  |
| Dr. Bonnie Shields               | (908)876-3475 | <i>Long Valley</i>  |
| Dr. Suckno                       | 627-8915      | <i>Rockaway</i>   |
| Dr. Bortnichak                   | (201)919-8068 |   |
| Dr. Debra Koss                   | 726-4137      | <i>Newton (evaluations, parent support, psychotherapy)</i>    |

**County Service Agencies**

|  |               |  |
|--|---------------|--|
| Child Behavioral Health Services*        | (877)652-7624 | <i>Mobile response, case management (8 wk max.)</i>                                  |
| Family Intervention Services             | 940-0105      | <i>Evaluations and in home resources</i>   |
| Caring Partners                          | (973)770-5505 | <i>Partner with families to assist children on significant behavioral challenges</i> |
| Family Helpline                          | (800)THE-KIDS | <i>Support for stressed parents</i>  |
| DCPP Div. of Child Protect/Perm.         | (877)NJABUSE  | <i>Issues of child abuse and neglect</i>   |
| Newton Mental Health*                    | 383-1533      | <i>Individual crisis screen (depression/suicide)</i>                                 |
| St Clare's Behavioral Health             | 625-0280      | <i>Psychiatric Emergency Services</i>  |
| Partnership For Social Services          | 827-4702      | <i>Extensive range, adult/family services</i>  |
| Project Self Sufficiency                 | 383-5129      | <i>Extensive range/case management/link to services</i>                              |
| The Center for Prevention & Counseling   | 383-4787      | <i>Substance Issues, Life Skills Counseling</i>                                      |
| J.T. Quinlan Bereavement Center          | 383-0413      | <i>Grief counseling and support</i>  |
| Center for Treatment of Eating Disorders | 740-0234      |  |
| NJ Eating Disorders Hotline              | (800)624-2268 |  |
| Eating Disorder Group for Teenagers      | (917)921-6948 | <i>Third Saturday of month from 10-11:30am Hackensack.</i>                           |
| Domestic Abuse Services Inc.             | 875-1211      | <i>24 hour hotline</i>   |
| People Help                              | 729-1745      | <i>Financial assistance to needy individuals</i>                                     |
| Interfaith Hospitality Network           | 579-1180      | <i>Lodging and assistance for homeless</i>   |
| Samaritan Inn                            | 827-8911      | <i>Emergency assistance for homeless crisis</i>                                      |
| Sexual Trauma Resource Center            | 875-1211      | <i>Free/confidential victims &amp; families</i>                                      |
| Narcotics Task Force                     | 948-2345      | <i>Anonymous report of drug activity</i>   |
| We Tip Hotline                           | (800)78CRIME  | <i>Anonymous Citizen Crime Reports</i>   |
| NJ Legal Hotline                         | (888)576-5529 |  |
| 2nd Floor 24/7 counseling line           | (888)222-2228 | <i>Degreed Counselors available by talk or text</i>                                  |

**County Resources for Substance Abuse Evaluations and Treatment**

|                                      |               |  |
|--------------------------------------|---------------|--|
| Center for Prevention and Counseling | 383-4787      | <i>Newton</i>  |
| Lakeside Counsel Assoc.*             | 726-4533      | <i>Sparta</i>  |
| High Focus Centers                   |               | <i>Parsippany (Dual Diagnosis-many levels of care)</i> |
| New Life Recovery                    | 728-7788      | <i>West Milford</i>                                    |
| Dept. of Health & Human Services     | 948-6000      | <i>Court involved and/or no insurance</i>              |
| Leslie Malnak                        | 586-2548      | <i>Lafayette/ Denville (Dual Diagnosis)</i>            |
| Gia Leo                              | (862)236-3240 | <i>Newton (Dual Diagnosis)</i>                         |

\* **School Risk Assessment**

*J. Imhof 9/2020*